

## **Meeker School Lunch Program is Cooking Up Delicious and Healthy School Meal Changes**

Healthy change is on the way! We are excited to announce that the Meeker's schools have accepted the LiveWell Colorado challenge to improve the nutritional value of student meals.

Over the next several years, Meeker will be joining other districts across Colorado to undertake a multi-phase school meal assessment process, which will include culinary training, chef consultations, equipment purchases and much more. When we're done, we will be serving our students healthier meals prepared with more fresh ingredients every day. Our partnership with LiveWell Colorado demonstrates that Meeker's School Lunch Program is committed to being a leader in offering wholesome and healthy choices for Colorado children.

We are very excited about this journey, and we appreciate your support along the way. We encourage you to join the LiveWell Colorado Challenge by spreading the good news, sharing your feedback and ideas and by choosing the fresh and nutritious meal items our school lunch program is introducing over the next several years.

For more information contact: Cindy S. Nelson CDM at [cindy.nelson@meeker.k12.co.us](mailto:cindy.nelson@meeker.k12.co.us) More information about the LiveWell@School Food Initiative is also available here: [livewellcolorado.org](http://livewellcolorado.org)

### **About LiveWell Colorado**

The LiveWell@School Food Initiative is one of many initiatives under LiveWell Colorado, a non-profit organization committed to reducing obesity in Colorado by promoting healthy eating and active living. The LiveWell@School Food Initiative works in partnership with food service directors and their staff to serve up freshly prepared meals that taste good and are good for students through FREE culinary trainings, on-site chef consultant support and strategic and culinary action planning. It is our mission to make sure every child in Colorado eats well, lives well and stays well to serve their communities and families.